

Liposuction overview

introduction to liposuction		liposuction surgery removes specific areas of unwanted fat; especially fat that is resistant to a healthy diet and exercise program
often combined with...		tummy tuck, breast augmentation, breast lift, breast reduction
incision placement & liposuction surgery details		several small 2 to 4 mm incisions are placed in inconspicuous areas that offer adequate access to the fatty areas
anesthesia for liposuction		tumescent, local with sedation
surgical facility		usually outpatient surgery center; hospital only for large volume liposuction
length of liposuction surgery		1 to 4 hours
discomfort		moderate
what to expect after surgery		discomfort, bruising, swelling, numbness, decreased activity; back to work in 2 days
risks of abdominal liposuction		loss of sensation, prolonged swelling
variations and techniques		suction assisted (SAL), ultrasonic assisted (UAL), power assisted (PAL), VASER, tumescent liposuction, smart lipo
cost (surgeon's fee)		\$3500 to \$9000 depending greatly on extent of areas to be treated
duration of results		once fat is removed it doesn't return; weight gain or hormone changes may cause an increase in the volume of remaining fat
insurance		liposuction is considered cosmetic surgery; insurance does not apply

