

## Face lift overview

introduction to face lift surgery		a face lift removes excess skin and repositions fat and muscle to reduce jowls and smooth the jawline for a more youthful appearance
variations and techniques for face lift surgery		subcutaneous, SMAS, s-lift, weekend facelift, mini lift, suture suspension lift (feather lift), deep plane, subperiosteal facelift, composite face lift, tumescent facelift, mid face lift
incision placement & surgery details; preparing for surgery		standard incision is in hairline at temple, inside opening of ear, under and behind ear; several variations exist
anesthesia		local with sedation
surgical facility		usually outpatient surgery
length of face lift surgery		2 to 4 hours
discomfort		mild
what to expect after facelift surgery		areas of numbness, swelling, bruising, tightness; back to work in 2 to 4 weeks
risks of face lift surgery		hair loss, scarring, nerve damage, infection, asymmetry, blood or fluid collection, skin sloughing
often combined with...		neck lift, brow lift, eyelid surgery, chemical peel, laser resurfacing
cost (surgeon's fee)		\$5000 to \$8000
duration of results		results may last 8 to 10 years
insurance for face lift surgery		face lift surgery is considered cosmetic, and insurance does not apply; rarely, a facelift may treat facial asymmetry from nerve disorders or injury

