

Breast reduction overview

introduction to breast reduction		breast reduction surgery removes excess breast and fatty tissue, reduces areola, and lifts the breast for a smaller, more desirable appearance
often combined with...		thigh liposuction, tummy tuck, nipple or areola reduction
incision placement & breast reduction surgery details		most common incision is around the areola, down the center of the breast, and along the crease in the fold of the lower breast
anesthesia		general, or local with IV sedation
surgical facility		usually outpatient surgery center
length of surgery		1 to 3 hours
discomfort		mild to moderate
what to expect after breast reduction surgery		numbness, swelling, bruising, boxy shape to breasts; back to work within a week
risks of breast reduction		loss of sensation, scarring, asymmetry, infection, bleeding, contour irregularities
variations and techniques		incision placement and location of actual tissue removal varies among patients and surgeons
cost (surgeon's fee)		\$5000 to \$8000
duration of results		results usually permanent, although weight gain and hormone changes may cause re-enlargement of breasts
insurance for breast reduction		breast reduction surgery may be covered by insurance if large breasts cause headaches, back or neck pain, arm or hand numbness, rashes, decreased activity, and psychological concerns

